



HOW TO BUILD OWN **STRENGTH**

(The power to succeed)

Power is only driving force for getting respect. It may be spritual power, mental power, physical power, social power or economic power.

From the childhood we have been taught to give respect, so we log in for respect also. Therefore, the most important thing after getting basic need (i.e., Roti, Kapra aur Makan) is that we need respect.

Remember, we deserve respect only when we have got strength. This book is about "**How to build strength**", so we could get respect.